

# GURU RAVIDAS AYURVEDIC UNIVERSITY, PUNJAB ORGANISES



## सहज नाड़ी परीक्षा



### One day workshop

**Monday, 5th May 2025**

**Venue : Government Ayurvedic College, Patiala**



**Dr. Sanjeev Sood**  
**Patron**  
**Hon'ble Vice Chancellor**  
**GRAUP**



**Dr. Sanjeev Goyal**  
**Registrar, GRAUP**



**Dr. Anju Bala**  
**Principal, GAC Patiala**  
**(Organising Secretary)**





# UNIVERSITY AND COLLEGE



The Govt. Ayurvedic College Patiala and hospital is one of the apex institute of Ayurveda in Punjab working as a model institute for evolving high standards of teaching, training, patient care and research activities. Established in 1952, it was affiliated to PEPSU Ayurvedic Board, later on get affiliated with Punjab Ayurvedic & Unani Faculty of medicine. In 1970, the institute got affiliation from Punjabi University, Patiala, Punjab. After establishment of Baba Farid University of Health Science Faridkot, Punjab, the institute was affiliated with BFUHS from 1999-2011. In 2011 after establishment of a separate Guru Ravidas Ayurvedic University, Hoshiarpur (Punjab), the institute is currently affiliated with Guru Ravidas Ayurvedic University, Hoshiarpur (Punjab) and now the college is constituent college of GURU RAVIDAS AYURVED UNIVERSITY PUNJAB, HOSHIARPUR



## Subject expert

**Vaidya Sanjaykumar Chhajed, 601, Asmita Abhishek CHS**

9.00-9.30 Inauguration

9.30-9.40 Relaxation & meditation.

9.40 to 11.15 What is Nadi Pariksha. History of Nadi Pariksha Salient features

Relation of pulsation with dosha.

11.15-11.30 Bio break

11.30-1:00 Various location of the pulse. Exact location of Nadi Pariksha  
Nadi pariksha in all 5 levels - level 1

1.00-2.00 Lunch

2.00-3.30 Level 2 to 5, Practice, how to make diagnosis.

3.30-3.40 Bio break

3.40 to 4.45 Technology in pulse Diagnosis

4.45-5.00 Valedictory

## Registration details

Registration is mandatory for

- PG scholars
- BAMS batch 2021-22
- BAMS batch 2022-23
- BAMS batch 2024-25

Registration fees -Rs. 300

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**Click here registration link**

- Lunch will be provided to the registered candidates

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ANJU BALA